

Psychoanalysis & Radical Psychiatry



**Saturday 16 & Sunday 17
November 2024**



FreePsy
Psychoanalysis For The People



Hybrid, in person and online



The Wellcome Collection

183 Euston Road, London NW1 2BE

**Psychosis
Therapy
Project**

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Psychoanalysis & Radical Psychiatry

Saturday 16 & Sunday 17, November 2024

CONFERENCE DESCRIPTION

Psychoanalysis was profoundly involved in rethinking the practical and theoretical bases of psychiatric care in the twentieth century. Psychoanalysts and psychoanalytic collectives, in a plurality of sites across the world, have been invested in reimagining the power relationship between doctor and patient, the representation of madness, and the conception of the psychiatric institution and its role in health and illness. This conference aims to bring into focus the experiments, practices and theoretical underpinnings of this creative boundary-crossing between psychoanalysis and radical psychiatry, including the early involvement of psychoanalysis with psychiatric care in Budapest in the 1920s and 30s. We put the ideas and practices of the Budapest School into dialogue with other traditions of radical psychiatry – from France, to the UK, to Italy, the USA and Latin America – and to celebrate the legacy of radical psychiatry today.

The conference brings together an interdisciplinary network of scholars and practitioners, including psychoanalysts, psychiatrists, psychosocial thinkers, artists, social theorists, historians, cultural theorists, art historians, film makers and archivists.

Tickets here: bit.ly/24PRP

This conference aims to raise money for the free psychoanalytic clinics movement, by proposing a series of differential participation fees (including solidarity fees). The gains of the conference will be donated to one or several free psychoanalytic clinics.

This initiative is part of a long-term commitment of both the FREEPSY collective and the Psychosis Therapy Project to explore creative and sustainable ways to support free psychoanalytic clinics and to contribute to mental health commons.

Please note that a limited number of bursary tickets at £15 (in person) and £5 (online) are available for those who would not be able to attend without financial support. Please email Ivan Ward to apply for a bursary ticket: iw22287@essex.ac.uk

Psychoanalysis & Radical Psychiatry

Saturday 16 & Sunday 17, November 2024

SOME OF THE KEY QUESTIONS WE CONSIDER ARE:

- What forms of interdisciplinarity have developed between psychoanalysis and radical psychiatry and what are the implications for psychiatric care?
- How do ideas circulate between different radical psychiatry traditions in the twentieth century, and what is the influence of psychoanalysis on this circulation?
- What is the politics of representation of madness, including the different approaches to outsider art?
- What are the intersections between various forms of social movements and activism, on the one hand, and psychoanalysis and radical psychiatry, on the other hand?
- What social and political 'utopias' are related to these intersections between psychoanalysis and radical psychiatry?



Pre-Conference Book Launch & Reception

Friday 15 (eve), November 2024 / The Freud Museum London

‘MY FAREWELL TO THE YELLOW HOUSE’

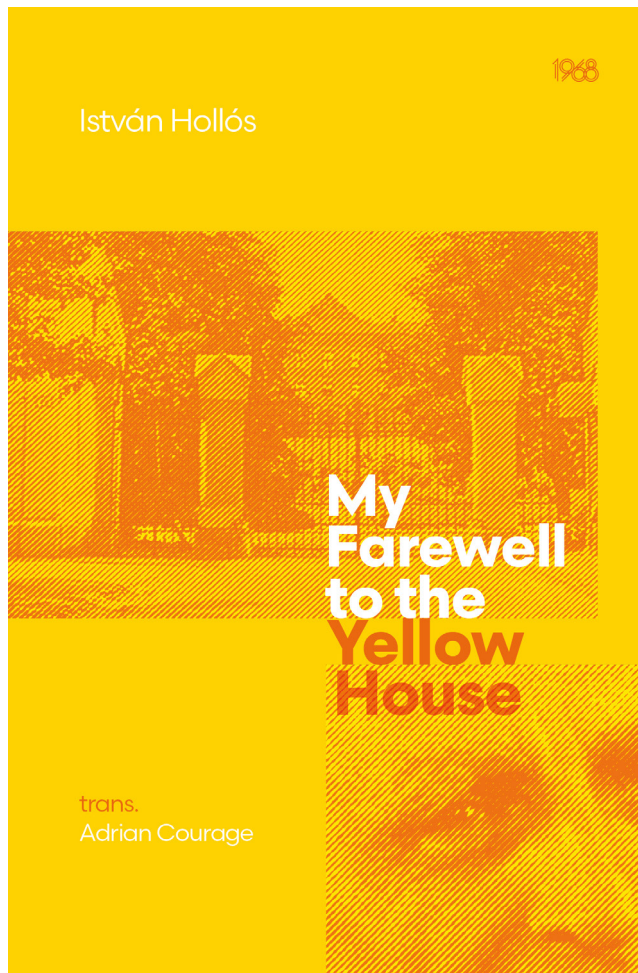
Book launch of ‘My Farewell to the Yellow House’ (1927) by psychoanalyst and psychiatrist István Hollós, translated from Hungarian to English (1968 Press).

The book launch will be hosted by the Freud Museum. Please apply for separate *in-person* and *online* tickets on the Museum page.

In-Person: bit.ly/person-yellow

Online: bit.ly/online-yellow

The book launch panel discussion (6pm – 7:30pm) will be followed by a wine reception (7:30pm – 8pm)



My Farewell to the Yellow House is an event-book: a manifesto that aims to rethink the practical and theoretical bases of psychiatric care, written in 1927 by a unique and little-known voice of the Budapest School of Psychoanalysis, psychoanalyst and psychiatrist István Hollós. Nearly one century after its publication in Hungarian, the English translation captures Hollós’s playful, passionate, insightful, ironic and self-ironic style. To follow István Hollós’s own words, *My Farewell to the Yellow House* aims to break down the walls of the asylum. From the onset, we can read ‘asylum’ not strictly as an institution, a place, or a building, but as a psychic state, one where the demarcations between the ‘sane’ and the ‘insane’ are strong and unquestionable.

Pre-Conference Book Launch & Reception

Friday 15 (eve), November 2024 / The Freud Museum London

‘MY FAREWELL TO THE YELLOW HOUSE’

Join us either in person or online for an evening celebrating this exceptional book and its author István Hollós.

ON THE EVENING

The discussion panel will bring together psychoanalyst **Raluca Soreanu**, art historian **Monika Perenyei**, literary historian **Mónika Takács** & historian of psychoanalysis **Antal Bókay**, who are also the preface authors for *My Farewell to the Yellow House*. They will be in conversation with the translators **Adrian Courage** & **Kristina Valentinova** and with the evening’s guest speakers: historian & writer **Matt ffytche** & psychoanalyst **Dorothee Bonnigal-Katz**.

The evening will also mark the launch of the book series **Important Little Books in Psychoanalysis (1968 Press)**, edited by **Raluca Soreanu, Lizaveta van Munsteren & the FREEPSY collective**. The Series will bring to the public radical contributions to psychoanalysis that have not yet been translated into English. *My Farewell to the Yellow House* is the first book of the Series. 1968 Press editors **Daniel Bristow** & **Graham Smith** will also be present for the evening.

The book panel will be followed by a wine and canapés reception.

PRAISE FOR THE BOOK

‘There is no such thing as “the mentally ill”. There are people.’ A jewel of a book – playful, idiosyncratic and full of pathos, combining the Budapest avant garde, the psychoanalysis of Freud and Ferenczi, and the radical insights of a psychiatrist dreaming the erasure of asylum walls. Dedicated to a social group without a society, living in an upturned world.

Professor Matt ffytche, Department of Psychosocial and Psychoanalytic Studies, University of Essex, UK

Conference Programme

Saturday 16, November 2024 / The Wellcome Collection

9:00am

|

9:15am

Opening and Welcome

Raluca Soreanu & Dorothee Bonnigal-Katz

SATURDAY SESSION 1

9:15am

|

10:30am

Haya Oakley

Was the British Version of the So-called 'Anti-psychiatry' Movement a Failed Experiment, a Utopian Dream or a Radical Discourse Changer?

Dorothee Bonnigal-Katz

Reflecting on 10+ Years of Psychosis Therapy Project: Now What?

Discussant: Ana Minozzo

Chair: Barry Watt

10:30am

|

11:00am

BREAK



SATURDAY SESSION 2

11:00am
|

Earl Pennycooke

12:00pm

*Shades of the Clinical and the Political
in the Analysis of Racial Trauma*

Discussant: Dione Dalley

Chair: Ivan Ward

12:00pm
|

Exhibition Opening & Commentary

12:30pm

Artist Ana Čvorović & Curator Sacha Craddock

Chairs: Raluca Soreanu & Julianna Pusztai

12:30pm
|

LUNCH BREAK

1:30pm

SATURDAY SESSION 3

1:30pm
|

Camille Robcis

3:20pm

*Institutional Psychotherapy
and the Saint-Alban Experiment?*

Ramsey McGlazer

Basaglia Unbound

Gabriel N. Mendes

*Fanonian Sociogeny and the Antiracist Psychiatry
of Harlem, NY's Lafargue Mental Hygiene Clinic*

Discussant: Candela Potente

Chair: Alexander Miller



3:20pm

|

3:40pm

Ewan O'Neill & Mónica Takács

Archives: A Commentary

3:40pm

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4:00pm

BREAK

4:00pm

|

6:15pm

Film Screening

Screening: 'Història potencial de Francesc Tosquelles, Catalunya i la por' ['The Potential History of Francesc Tosquelles, Catalonia and Fear'] (2021) by Mireia Sallarès, co-written with Joana Masó, with the presence of Mireia Sallarès

6:15pm

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6:30pm

BREAK

6:30pm

|

7:30pm

Film Roundtable Discussion

Mireia Sallarès, Raluca Soreanu, Susana Caló and Magda Schmukalla



Conference Programme

Sunday 17, November 2024 / The Wellcome Collection

SUNDAY SESSION 1

9:30am

|

11:15am

Anna Borgos

'He Acted Like Svengali, and I Was Trilby'. Hysterical Patients in Hungary in the Light of Early Twentieth-Century Medical Records

Júlia Gyimesi

Critical Engagements with Psychoanalysis: Reinscribing Psychoanalytic Concepts in Light of Esotericism

Antal Bókay

Responsible Psychoanalysis: The Enigmatic Messages of the Two Versions of Ferenczi's Psychoanalysis and Pedagogy

Discussant: Ana Tomcic

Chair: Raluca Soreanu

11:15am

|

11:40am

BREAK



SUNDAY SESSION 2

11:40am
|
1:00pm

Susana Caló & Godofredo Pereira

Analysis Everywhere
On the research collective CERFI
(Centre d'Études de Recherche et de Formation Institutionnelle)

Discussant: Lizaveta van Munsteren & Anderson Santos
Chair: Ramsey McGlazer

1:00pm
|
2:00pm

LUNCH BREAK

SUNDAY SESSION 3

2:00pm
|
3:50pm

Tania Rivera

Turning Inside-out the Outside Art: How an Art Atelier
in an Asylum Has Invented Contemporary Art in Brazil

Raluca Soreanu & Monika Perenyi

The Dream Album: The Album of the Angyalföld Museum
and the Politics of Presentation of the Asylum in Interwar Budapest

Matt ffytche

The Life Left in Madness: The Notebooks of Aimable Jayet at St-Alban

Discussant: Magda Schmukalla
Chair: Lizaveta van Munsteren

3:50pm
|
4:10pm

BREAK

SUNDAY SESSION 4

4:10pm
|
5:30pm

Final Conference Roundtable with All Speakers

Titles and Abstracts

Psychoanalysis & Radical Psychiatry / Saturday 16 & Sunday 17

SATURDAY SESSION 1

Haya Oakley

Was the British Version of the So-called 'Anti-psychiatry' Movement a Failed Experiment, a Utopian Dream or a Radical Discourse Changer?

Based on three decades of personal involvement with the Philadelphia Association, this paper will explore the path of the British 'anti-psychiatry' movement, its theoretical origins in the Hungarian school of psychoanalysis and in continental philosophy and its attempts to implement a radical change in relation to the representation and treatment of madness, psychiatric institutions and the nature of psychoanalytic training.

From Villa 21 to Kingsley Hall and the therapeutic households of today to the Psychosis Therapy Project I will examine the legacy of the British 'branch' of the movement and of Laing as its iconic figurehead.

Dorothee Bonnigal-Katz

Reflecting on 10+ Years of Psychosis Therapy Project: Now What?

This paper will attempt to identify and articulate the legacy of the PTP, a unique psychoanalytic project that has brought together a vibrant community of clinicians, trainees and service users. After a good decade of hard work and struggles, the PTP finds itself relentlessly split between crippling financial difficulties that obstruct the sustainability of the project and undeniable clinical achievements that confirm its vital relevance in the community. How can we reconcile this confusing contradiction? Is there a future for projects like the PTP in the current British political and economic landscape? If so, what kind of future is it?

SATURDAY SESSION 2

Earl Pennycooke

Shades of the Clinical and the Political in the Analysis of Racial Trauma

Earl Pennycooke will discuss his work with racialised communities and account for the specificity of racial trauma both theoretically and from the perspective of his lived experience. He will argue that the reality of racism tends to be reduced to a matter of perception and misinterpretation rather than a harsh fact, thus preventing the validation and the understanding of the experience for the victims themselves. This persistent denial perpetuates the traumatic impact of racism and gets played out in psychoanalysis and society as a whole.

SATURDAY SESSION 2 (cont'd)

Artist Ana Čvorović & Curator Sacha Craddock

Exhibition Opening & Commentary

SATURDAY SESSION 3

Camille Robcis

Institutional Psychotherapy and the Saint-Alban Experiment

My talk explores the ways in which institutional psychotherapy drew on Freudian and Lacanian psychoanalysis but also the ways in which it transformed their theory through their psychiatric applications. Focusing on the 'Saint-Alban experiment' founded in the aftermath of the Second World War, I examine how the figure of François Tosquelles and his colleagues reread Lacan's work and adapted it through their work with psychotic patients. For the founders of Saint-Alban, psychoanalysis ought to function not only as a complement to psychiatric medicine but rather as its bedrock.

Ramsey McGlazer

Basaglia Unbound

This talk revisits the work of Italian psychiatrist and social theorist Franco Basaglia (1924-1980) and reconsiders his relationship to psychoanalysis. Accounts of Basaglia's career often culminate in the celebration of the good-enough reform that was the Basaglia Law (1978), which abolished asylums in Italy, expanding the process of deinstitutionalization that Basaglia had enacted on a smaller scale in clinics in Gorizia, Trieste, and elsewhere. Without denying the importance of this law, I return to Basaglia's work with another set of questions in mind. Most scholarship on Basaglia has avoided the challenge of reading his works theoretically, treating them instead as relics of a past that has long since been buried. Reading psychoanalytically, I work to show that his theoretical work remains relevant, and that the time has come to reread this work in light of other critiques of the carceral state. I argue that the political struggles of the present—and in particular the struggle to abolish prisons and policing—can help us to read Basaglia's work in a new way, to appreciate its salience and abiding significance, and to respond to it with something other than embarrassment, condescension, or lionizing affirmation. They can help us to reactivate Basaglia's claims and to reinterpret the task that he called institutional negation.

Gabriel N. Mendes

Fanonian Sociogeny and the Antiracist Psychiatry of Harlem, NY's Lafargue Mental Hygiene Clinic

'Beside phylogeny and ontogeny stands sociogeny,' declared Martinican psychiatrist/anticolonial catalyst Frantz Fanon in his genre-defying 1952 monograph *Black Skin, White Masks*. This paper juxtaposes Fanon's theoretical and clinical interventions with Harlem, NY's Lafargue Mental Hygiene Clinic's 1946 inauguration of 'an experiment in the social basis of psychotherapy' that identified and confronted racism as a public mental health problem. This paper's main aim is to explore mid-Twentieth Century radical antiracist reckoning with the paradigmatic frameworks for explaining and addressing the fundamental determinants of human psychology and behavior.

SATURDAY SESSION 3 (cont'd)

Ewan O'Neill & Mónica Takács

Archives: A Commentary

We propose an exhibition of archival material related to the Budapest School of Psychoanalysis from the collections of the International Ferenczi Centre & Archives, Budapest. We will also introduce the nascent Free Clinics Archive that aims to trace, secure and preserve the histories of free clinics and the evolution of semi-autonomous collectives invested in the social mission of psychoanalysis.

Film Screening

Saturday 16, November 2024 / 4:00pm - 7:30pm

‘THE POTENTIAL HISTORY OF FRANCESC TOSQUELLES, CATALONIA AND FEAR’

Mireia Sallarès

‘Història potencial de Francesc Tosquelles, Catalunya i la por’
[Potential history of Francesc Tosquelles, Catalonia and fear] (2021)

The film appropriates a concept developed by Ariella Aïsha Azoulay to narrate the ‘potential history’ of Francesc Tosquelles, a Catalan psychiatrist, refugee from the Spanish civil war who ran a hospital in the middle of nowhere during the Nazi occupation of France. Revolutionary politics from the 1930s opened the way to revolutionizing therapy. In extraordinary circumstances and with precarious conditions this was a moment of experimentation: socially, with the help of nuns and sex workers, among many other people and culturally, with the use of cinema and the avant-garde arts. This is a film about those who believed that psychiatry should not fear the insane. Because madness is not about others. It is about us.



Anna Borgos

'He Acted Like Svengali, and I Was Trilby'. Hysterical Patients in Hungary in the Light of Early Twentieth-Century Medical Records

Hysteria arose and was described in a specific historical period and was key to the foundation of psychoanalytic theory. It reflects gender and social norms as well as the pathology/normality concepts of institutional psychiatry and psychoanalysis. My presentation will analyse early twentieth-century hysteria cases from the Mental and Neurological Clinic of the Royal Hungarian Pázmány Péter University. The case histories, which include a detailed anamnesis and illness description, also provide a wealth of information on the patient's living conditions, family and social relationships. They can also be read as a life story narrative, which, in addition to the voice of the doctor, sometimes also convey that of the patient. At the same time, apparently, the organic psychiatry of the time – unlike the Freudian 'talking cure' –, although carefully recorded, did not take into account the patient's life history and psychological background in the aetiology and therapy.

Júlia Gyimesi

Critical Engagements with Psychoanalysis: Reinscribing Psychoanalytic Concepts in Light of Esotericism

Today, it is well-known that several esoteric theories and practices have either directly or indirectly contributed to the development of psychology. Esoteric currents also provided a breeding ground for the development of certain psychoanalytic theories, such as transference and countertransference, aspects of the therapeutic relationship, and the unconscious. This paper aims to provide a more detailed exposition of the influence of esotericism on psychoanalysis, especially taking into account the Austro-Hungarian context of the early 1900s. The innovations of Herbert Silberer, Sándor Ferenczi, and István Hollós will be illuminated. Research into the phenomena and literature of esotericism led these psychoanalytic thinkers to important discoveries. These discoveries shed radically new light on fundamental psychoanalytic concepts and highlighted the socio-cultural embeddedness of the individual as well.

Antal Bókay

Responsible Psychoanalysis: The Enigmatic Messages of the Two Versions of Ferenczi's Psychoanalysis and Pedagogy

Sándor Ferenczi's first meeting with Freud in February 1908 marked his commitment to psychoanalysis. The visit to Vienna was so convincing for Freud that the young Hungarian doctor was invited to the international meeting, the first psychoanalytic congress in Salzburg. At this event, Ferenczi gave a lecture in German, which was later titled 'Psychoanalysis and Pedagogy'. Surprisingly, Ferenczi never published the lecture in German, but only in Hungarian, three times between 1908 and 1910. The editors of the 1939 *Bausteine* publication had the manuscripts (both in German) of the published and unpublished versions but misleadingly mixed them into one text. Reading the two texts separately, it is possible to get a clearer picture of Ferenczi's early commitment to psychoanalysis with social responsibility. With my reconstruction and interpretation of the two versions, I try to get a clearer view of Ferenczi's position.

Susana Caló & Godofredo Enes Pereira

Analysis Everywhere

Our presentation will focus on the research collective CERFI (Centre d'Études de Recherche et de Formation Institutionnelle), founded in 1967. Emerging from the militant student movements that sprang from the struggles for Algerian independence in France and inspired by the experience of institutional psychotherapy at the Clinique La Borde, CERFI set out to explore forms of political militancy that would address capitalism's co-optation of the unconscious. We will present a series of projects in which CERFI was involved, ranging from the programming of childcare and educational equipment, to its participation in urban planning processes, to its research, modes of internal organisation and publication activities, to show how the group explored analytical principles beyond the clinical setting.

In particular, we will discuss the ways in which CERFI transformed every situation into an analytical possibility, starting with every bureaucratic and organisational procedure in a given institution, or the exploration of collective programming as a permanent analytical process, or even the very basic idea of holding weekly meetings without an agenda as an analytical rhythm and as a void that might be filled. We will suggest that by bringing analysis into militancy, CERFI was in fact committing itself to an idea of analytical militancy, anywhere, everywhere, and ultimately by other means.

Tania Rivera

Turning Inside-out the Outside Art: How an Art Atelier in an Asylum Has Invented Contemporary Art in Brazil

This talk aims to present and discuss Nise da Silveira's and Almir Mavignier's painting atelier experience held in a psychiatric hospital in Rio de Janeiro in the 1940s and 1950s, in order to highlight the interaction and conviviality between artists from the formal circuit of art and artist-patients as its true clinical and artistic driving force. Furthermore, we intend to analyze how this experience has influenced art critic Mario Pedrosa to make a strong review of the notion of expression to displace it from the 'inside' to the 'outside' of ourselves, and thus redirect art to the horizon of a form of *alteritarian* (or maybe 'clinical') ethics. Finally, we will point out how artists such as Lygia Clark and Helio Oiticica have modulated this ethics in their 1960s and 1970s works.

Raluca Soreanu & Monika Perenyei

The Dream Album: The Album of the Angyalföld Museum and the Politics of Presentation of the Asylum in Interwar Budapest

In this talk we explore the conditions of possibility of an unusual photo album, the *Angyalföldi múzeum albuma*, assembled in interwar Budapest, as a montage created around life in the asylum. The album is an interdisciplinary, multi-referential, multi-temporal creation, containing a heterogenous ensemble of elements that hold together in interesting relations. Working collaboratively – an art historian and a psychoanalyst – we named it ‘the Dream Album’, as it is structured like a dream, and it also has the capacity to stimulate free-association. How did this improbable object come about? What are its implications for the politics the presentation of the asylum and for reimagining the relationship between mental illness, art and society, but also between society, psychiatry and psychoanalysis? We start by discussing montage as a theory of the subject but also as a distinct epistemological orientation, where meaning emerges from the juxtaposition of fragments and in the gaps between fragments. Montage was also relevant in the context of the Budapest School of Psychoanalysis, particularly in the work of Hungarian psychoanalyst Sándor Ferenczi, who reflected on creativity of psychic fragments. We reconstitute the *milieu* in which the photo album was produced, in Hungary of the 1920s and 1930s, focusing on the radical aspects of the psychiatric imaginary, and on the idea of ‘breaking down the walls’ of the asylum, which influenced the production of the Dream Album. We discuss the contents of the album, and show the relationship between the inside and outside it portrays. We explore its complicated temporal texture and the possibilities of ‘reanimation’ and ‘reliving’ that it opens through its composition. Finally, we reflect on the ethical implications of the surprising materiality of the Dream Album, and of its politics of representation of the mind.

Matt ffytche

The Life Left in Madness: The Notebooks of Aimable Jayet at St-Alban

Aimable Jayet (1883-1953) was a Parisian butcher who was a patient in Saint-Alban from 1939-1953 – overlapping the arrival of François Tosquelles, Lucien Bonnafé, the surrealists and the birth of institutional psychotherapy, as well as the visit of Frantz Fanon and the departure of Jean Oury to found La Borde. His strikingly unorthodox psycho-geographic notebooks attracted the attention of Jean Dubuffet, and several are now housed in the Collection de l’Art Brut, Lausanne. With ‘the life left in madness’ I invoke a number of contexts: the experiments at Saint-Alban integrating patients into the life of the community, and celebrating their active creative capacities; the ‘living death’ that was often the patient’s experience of segregation from human social contact in a long-term psychiatric institution; and Jayet’s bizarrely compressed and chaotic texts themselves, and the project to bring them to life beyond the archive. However, above all I will focus on a short memoir by the psychiatrist and psychoanalyst Jean Oury who constellates associations to Jayet, not as a patient, but as a real and present person, moving within and beyond the asylum, endowed with dignity and pathos. It is a remarkable exercise in descriptive tact – all the more so for its central motif of a man who cannot be found: ‘a phantom man completely penetrated by dead things’. In the talk I will consider the paradox of this radical gesture, emerging at a confluence of psychoanalysis, politics, surrealism and radical psychiatry, which refuses almost every aspect of the ‘asylum’ gaze, yet maintains something lost and incommensurable at the heart of its subject.

Speakers', Biographies

Psychoanalysis & Radical Psychiatry / Saturday 16 & Sunday 17

Antal Bókay is a Professor of modern literature and literary theory and co-founder and lecturer of the Psychoanalysis PhD Program at the University of Pécs, Hungary. His research interests include contemporary literary theory, American deconstruction, modern poetry, poetics, theater theory, and the history and theory of psychoanalysis.

Dorothee Bonnigal-Katz is a psychoanalyst, clinical supervisor and translator in the field of psychoanalytic theory. She is Senior Psychotherapist at the Bethlem Royal Hospital, working in inpatient services and the Founder and Clinical Director of the Psychosis Therapy Project (PTP), a specialist community service for people who experience psychosis and complex trauma. She is a Trustee of the International Society for Psychological and Social Approaches to Psychosis (ISPS-UK).

Anna Borgos (Institute of Cognitive Neuroscience and Psychology, Budapest) is a psychologist and women's historian. Her main field of research is Hungarian women's history, connecting to psychoanalysis, literature and sexuality. She is the editor in chief of the Hungarian psychoanalytic journal *Imágó* Budapest. Her most recent book, *Women in the Budapest School of Psychoanalysis: Girls of Tomorrow* was published by Routledge in 2021.

Susana Caló is an independent researcher in philosophy, psycho-politics, minor histories of psychiatry and semiotics. Her doctoral research examined the analytical work of the activist and psychoanalyst Félix Guattari. Her current research is dedicated to reconstructing neglected histories of psy practices in their intersections with wider social and political struggles, and the collective life of concepts in post-war French thought, through oral history and archive building. Crossing the boundaries between academia and activism, her work is guided by the weaving of networks of mental health activists and international collective care practices, having organised several mental health forums in the UK, Portugal and France.

She is part of the collectives Other Ways to Care, and Chaosmosemedia. Her first book *CERFI. Analysis Everywhere. Collective Equipment and Institutional Programming* (with Godofredo Pereira) is forthcoming with publisher Minor Compositions (2025).

Adrian Courage (b. London 1977) is a translator, copywriter and author who lives in Budapest, Hungary. Having attended King's College School, Wimbledon, he worked for three years as a German-to-English translator at a small 'transcreation' agency in Ludwigsburg, Germany. In 2003, he relocated to his mother's native Hungary, where he established a creative agency of his own. After splitting from his then-wife, he began writing up his accounts of the subsequent hypomania and other psychological phenomena which led to a psychotic episode during the second Covid lockdown in January 2021. Following his diagnosis with bipolar disorder, he completed and published his memoir *Mandula* based on his personal experience of 'mental illness'. He has since worked on reviewing the translations of the texts of the leading Hungarian psychoanalyst Sándor Ferenczi, and *My Farewell to the Yellow House* by his contemporary István Hollós. He continues to take a keen interest in psychology and is expanding his memoirs to reflect his experiences having recovered from psychosis. He has a wife Hajnal and two daughters aged 16 and 13 from his first marriage.

Mandula on Amazon: amzn.com/dp/B09XVLKCNS

Sacha Craddock (b. 1955) is an art critic, writer & curator based in London. Sacha is co-founder of ArtSchool Palestine, member of Abbey Council, and co-founder of the Contemporary Art Award at the British School at Rome, Trustee of the Shelagh Cluett Trust, and President of AICA-UK, the British section of International Association of Art Critics. She was Chair of the Board of New Contemporaries and selection process from 1996 until December 2021. Selected critical writing

includes essays on Mark Boulos, Angus Fairhurst, Jose Dávila, Chantal Joffe, Wolfgang Tillmans, Rosa Lee, and Adam Henein, among others. She was the co-founder of Bloomberg Space and its curator from 2002-2011. Her curatorial contribution includes Turner Prize Hull 2017, 'Strike Site' at Backlit Gallery, Nottingham 2018, 'Here, Now' at Misk Art Institute 2021, 'Glossary' for Curated by, Vienna 2023, and 'Thought to Image' for Albion Jeune 2024. Upcoming curatorial projects include PLATAFORMA International Guest Curator, Guadalajara, Mexico, 2025-2026, and David Garner: I have nothing to say only to show, Penarth, UK, Summer 2025.

Ana Čvorović (b. Sarajevo 1981) came to the UK with her family in 1989, fleeing the impending civil war in Former Yugoslavia. A student at University of Brighton and the Royal College of Art, Čvorović's installations are an exploration of the psychodynamics of place, specifically in the context of war, migration, socio-economic impoverishment and processes of globalisation. Čvorović's solo exhibitions include *Archipelago* at Ballon Rouge, Brussels (2021) and *Borders Unfold* at Pi Artworks, London (2019). Recent residencies include Arthouse Jersey for a commissioned project 'No Place Like Home' (2023); FAP, Lebanon (2022) supported by the Foundation for Art and Psychoanalysis; and Sculpture Space, NY, US (2018) supported by Arts Council England. Čvorović has been a recipient of numerous awards and grants including the Shelagh Cluett Award (2021), Arts Council England Grant (2019), a-n Artist Award (2018, 2020), and the Leathersellers Scholarship (2012). She is currently an Artist Researcher within the FREEPSY –*Free Clinics and a Psychoanalysis for the People*– project at the University of Essex.

Dione Dalley is state registered art psychotherapist, art facilitator and artist, with considerable experience working with a psychodynamic/ person-centred therapy modality in diverse, marginalised and racialised communities. She also manages a private practice, offering individual and group sessions in person and online. Dione works with individuals who present with depression, low mood, emotional and psychological distress, low self-esteem, identity concerns, addictions and also with people who have experienced abuse. She is skilled in art therapy and talk therapy. Dione has a special interest in trauma, inter-generational trauma and psychosis, and how these presentations may inform, shape and impact individuals' everyday experiences, relationships, and emotional and psychic well-being. She is a co-director, psychotherapist, assessor and group facilitator of the Psychosis Therapy Project.

Matt ffytche is a Professor in the Department of Psychosocial and Psychoanalytic Studies, University of Essex, Editor of the journal *Psychoanalysis and History*, and a trainee with the Site for Contemporary Psychoanalysis. He is currently working on an anthology titled *Writing out of this World: An Anthology of marginal, excluded and idiosyncratic texts from 'outsider' and psychiatric archives* (forthcoming, Reaktion Books). His previous publications include *Psychoanalysis in the Age of Totalitarianism*, co-edited with Daniel Pick (Routledge, 2016), and *Sigmund Freud* (Critical Lives, Reaktion Books, 2022).

Júlia Gyimesi is a Full Professor and the Department Head of the Department of Personality and Clinical Psychology at Pázmány Péter Catholic University in Hungary. In addition to this role, she also serves as the Program Director of the Theoretical Psychoanalysis PhD Program at the University of Pécs, Hungary. Among her other positions, she is a board member of the European Society for the Study of Western Esotericism and the European Society for the History of the Human Sciences.

Gabriel N. Mendes is the author of *Under the Strain of Color: Harlem's Lafargue Clinic and the Promise of an Antiracist Psychiatry* (Cornell University Press, 2015). He received his Ph.D. from Brown University's Department of American Civilization and has taught at Vanderbilt University, and the University of California, San Diego. Dr. Mendes's research and teaching center on the interlocking relationship among the thought and practice of the human sciences (biomedical, social, and behavioral) and the everyday lived experience of racialization, with particular attention to Blackness and Afro-Diasporic populations.

Ramsey McGlazer is Associate Professor of Comparative Literature at the University of California, Berkeley, where he also works as Senior Editor of *Critical Times*. He is the author of *Old Schools: Modernism, Education, and the Critique of Progress* (Fordham University Press, 2020) and co-editor, with Joshua Branciforte, of *Reaction Formations: The Subject of Ethnonationalism* (Fordham University Press, 2023). He has translated a number of books from Spanish including, most recently, Rita Segato's *The War Against Women* (Polity, 2025), and his public writing has appeared in *The Los Angeles Review of Books*, *n+1*, *Parapraxis*, and *Post45*. He is working on a book about aesthetics, abolition, and antipsychiatry (also known as radical, critical, or democratic psychiatry) in Italy and Brazil.

Alexander Miller is a Marie Sklodowska Curie Actions Postdoctoral Fellow at the Department of Psychosocial and Psychoanalytic Studies at the University of Essex, where he is carrying out a research project into the psychoanalytic treatment of psychosis that has been developed in Quebec City, Canada. He has a Doctorate in Psychology from Ghent University, an M.Phil in Comparative Literature from New York University, and has been a Fulbright Fellow. He is also a member of GIFRIC and the Freudian School of Quebec.

Ana Minozzo is a clinician and researcher based in London, UK. She holds a PhD and an MA in Psychosocial Studies from Birkbeck, University of London and is currently a Postdoctoral Researcher in Psychosocial Studies within FREEPSY, at the University of Essex. She has experience with a number of community-based mental health services and a clinic that has unfolded in relation to the threads of psychosis, gender and sexuality, and migration. Ana is a member of The Site for Contemporary Psychoanalysis, in London, UK. Her research crosses the fields of medical humanities, feminist philosophy and psychosocial inquiry. She is the author of *Anxiety as Vibration: A Psychosocial Cartography* (Palgrave, 2024).

Lizaveta van Munsteren is a clinician and academic with a long-standing interest in research in psychoanalytic theory and history. Part of the FREEPSY project, Lizaveta is working on theoretical formulations for the psychoanalytic frame in free clinics, and on psychoanalytic archives in Vienna and Budapest. Her forthcoming book (2025, Routledge) is dedicated to the history of psychoanalysis in Soviet Russia. She is also a member of the editorial team of the second volume of *The Life and Work of Michael Balint* (Routledge).

Haya Oakley was born and educated in Israel where she worked as a psychiatric social worker in a mental hospital. She has been practising psychoanalysis in London since 1968. After a brief spell at the David Cooper 'anti-university' group she joined the Philadelphia Association where she worked for many years with R.D. Laing and colleagues, training psychotherapists and working in therapeutic households. In 1997 she left the Philadelphia Association and set up, with others, The Site for Contemporary Psychoanalysis. She has been a member of the Guild of Psychotherapists since 1982 and is a founder member of The College of Psychoanalysts UK. She is Honorary Fellow of UKCP where she served as chair of the Psychoanalytic Section, 1993-1996. Her interests include: psychoanalysis and psychosis, the politics of psychotherapeutic organisations, issues surrounding attempted

regulation of the 'impossible profession', and the comparative study of psychoanalytic theories. She was a supervisor at the Psychosis Therapy Project for many years and has contributed to a number of publications as well as TV and radio programmes. Correspondence: hayaoakley@blueyonder.co.uk

Ewan O'Neil is an archivist and holds an MSc in Information Management for the Cultural Sector from City, University of London. As archivist researcher with the FREEPSY project team, he is building the Free Clinics Archive that will trace the history of free clinics across the project's research sites. Ewan is also the archivist at the British Psychoanalytical Society in London, managing the Society's archive collections and providing access and research services for psychoanalysts, academics, researchers and students. He is currently cataloguing the papers of Hungarian psychoanalyst Michael Balint and has recently completed work to renegotiate archival image rights for *The Revised Standard Edition of the Complete Psychological Works of Sigmund Freud*, edited by Mark Solms. He has contributed to the curation and production of archival exhibitions including *The Enigma of the Hour: 100 years of Psychoanalytic Thought*, celebrating the centenary of the International Journal of Psychoanalysis, and the international conference *The Balints and Their World - Object Relations and Beyond*, both at Freud Museum London. Ewan is also the archivist at the European Psychoanalytical Federation in Brussels and is consultant archivist for the European Federation for Psychoanalytic Psychotherapy.

Monika Perenyi (Budapest) is an art historian, a senior research fellow at the Institute of Art History, HUN-REN Research Centre for the Humanities. Since 2013 she has been the head of the Psychiatric Art Collection of the Hungarian Academy of Sciences. She studied history, English & American literature and art history, with a main focus on the latter, and began her professional experience as a curator at Vadnai Gallery Budapest in 2002. From 2006-2008 she held the *Ernst Kállai Grant* for art writers, and in 2008 she entered the academic field as an assistant research fellow in the Research Institute of Art History of the Hungarian Academy of Sciences. She received her doctoral degree in 2018 (ELTE, Budapest). She wrote her dissertation on Thomas Struth's Museum photographs in the context of tableau photography as an intermedial art practise. Her research interests include photography & media aesthetics, cross media visual arts, surrealism and asylum art, and the history of psychoanalysis & psychiatry. She writes about *montage* as a creative practice, a *way of seeing*, a distinct epistemological orientation developed in collaboration with Raluca Soreanu.

Earl Pennycooke is a psychotherapist who has worked in a variety of settings, from brief work within the National Health Service to managing frontline addiction and mental health services. Earl is co-director of the Psychosis Therapy Project (PTP) and the Clinical Lead of the USEMI Racial Trauma Clinic, a Black-led specialist service for those experiencing racialisation and severe mental illness (USEMI is part of PTP).

Godofredo Enes Pereira is an architect, educator, researcher and environmental activist. He is the director of the transdisciplinary MA in Environmental Architecture at the Royal College of Art in London. His work explores collective processes of territorialisation, the semiotics of object-territory relations and the emergence of existential ecologies. He has developed this work via writing, publishing, exhibiting and practice-based engagements with a focus on the co-design of collective equipment across the UK, Portugal, Chile, UAE and Spain. He was a member of Forensic Architecture, and in 2022 founded the GIT / Territorial Research Group, a research collective providing technical support to communities on the frontlines of environmental struggles. He is the editor of *Savage Objects* (INCM, 2012) and, with Susana Caló, *CERFI. Analysis Everywhere. Collective Equipment and Institutional Programming*, to be published as a book with Minor Compositions (2025).

Candela Potente is a Postdoctoral Fellow at the International Psychoanalytic University in Berlin and the KKC at Ruhr-University Bochum. She holds a PhD in Comparative Literature from Princeton University and works at the intersection of psychoanalysis, literary theory, and philosophy. She is currently working on a book tentatively titled *The Compass of Psychoanalysis: An Epistemology of Translation*, which establishes a connection between the role of translation in psychoanalysis and its various migrations, both geographic and otherwise.

Julianna Ágnes Pusztai is a psychosocial thinker and clinician with a focus on solidarity, mutuality, reactivity, and belonging within the realm of psychoanalytic history, theory, and practice. She is a member of the Red Clinic and the co-founder of the Sándor Ferenczi Collective. Julianna is a PhD researcher at the University of Essex, exploring radical psychoanalytic collectives and activism from the 1970s to the present as part of the FREEPSY Research Project.

Tania Rivera is an essayist, psychoanalyst, curator, and Full Professor at the Fluminense Federal University – UFF, Brazil. Rivera is interested in the links between clinic and art,

affective and political processes, psychoanalysis, madness, gender, and feminism. She has a Master's degree and a Ph.D. in Psychology from the Université Catholique de Louvain, Belgium (1996). Since 2019, she has also worked with the Graduate Program in Psychoanalytic Theory at the Federal University of Rio de Janeiro. Rivera is the author of several books, such as *Arte e Psicanálise* (2002), *Guimarães Rosa e a Psicanálise* (2005), *Cinema, Imagem e Psicanálise* (2008), *Hélio Oiticica e a Arquitetura do Sujeito* (2012), *O Averso do Imaginário* (2013; Jabuti Prize in the area of Psychology/Psychoanalysis, 2014), *Psicanálise Antropofágica* (2020) and *Lugares do Delírio. Arte e Expressão, Loucura e Política* (2023). In March 2016, she was a visiting professor at the Department of Plastic Arts at the University of Paris 8, Vincennes Saint-Denis. She curated the exhibition *Lugares do Delírio* at the Museu de Arte do Rio – MAR in 2017 and at the SESC Pompeia in 2018, among others.

Camille Robcis is Professor of French and History at Columbia University. She specializes in Modern European History with an emphasis on gender and sexuality, France, and intellectual, cultural and legal history. She is the author of *The Law of Kinship: Anthropology, Psychoanalysis, and the Family in France* (Cornell, 2013) and of *Disalienation: Politics, Philosophy, and Radical Psychiatry in Postwar France* (Chicago, 2021). She is currently working on a new project tentatively titled *The War on Gender*. She has received fellowships from the Penn Humanities Forum, LAPA (Princeton Law and Public Affairs), the National Endowment for the Humanities, the Institute for Advanced Study, the Russell Sage Foundation, and the John Simon Guggenheim Foundation.

Mireia Sallarès (Barcelona, 1973) is a visual artist graduated in Fine Arts at University of Barcelona and with film studies at New School University in New York. She is a guest lecturer at ISDAT Institut Supérieur des Arts de Toulouse, France, among other universities. Her research generates trans-disciplinary artistic projects from situated feminisms concerned by nonfiction and political dimension that are formalized with films, books, installations and site-specific interventions. Her works have been exhibited internationally and she has received important grants and awards, such as the Leonardo Grant for Researchers of BBVA Foundation, or the Barcelona 2019 City Award of Visual Arts. *Las Muertes Chiquitas* (Little Deaths, 2009), a long piece of research on female orgasm as a political problem, carried out in Mexico, is the project with which she has obtained the greatest international recognition. Her last film, *Potential history of Francesc*

Tosquelles, Catalonia and fear (2021), has been awarded the Video Creation Award of the LOOP Barcelona festival, 2021.

Anderson Santos (he/him) is a psychoanalyst, researcher and translator who studies the differences and compositions between psychoanalysis and schizoanalysis. In 2015, he created the website *clinicand.com* where he shares files and audiovisual materials related to the topic. He has a Bachelor's degree in Psychology, Specialist in Mental Health, Immigration and Interculturality from the Federal University of São Paulo (UNIFESP) and a Master's student in the Interdisciplinary Postgraduate Program in Health Sciences at UNIFESP where he carries out research on 'Memories, Racial Relations and Dreams of Youth'. He is part of the Coletivo Psicanálise na Praça Roosevelt, which has been carrying out psychoanalytic practice free of charge since 2017 in a public square in the center of the city of São Paulo. He was the organizer of the books *Uma política da loucura – François Tosquelles* (2024, ed. Ubu and ed. sobinfluencia), *Psicanálise e Esquizoanálise: diferença e composição* (2022, n-1 editions) and *Guattari/Kogawa. Rádio livre. Autonomia. Japão* (2020, sobinfluencia).

Raluca Soreanu is a psychoanalytic and psychosocial thinker and writer. She is Professor of Psychoanalytic Studies in the Department of Psychosocial and Psychoanalytic Studies, University of Essex, and psychoanalyst, member of the Círculo Psicanalítico do Rio de Janeiro. She is the author of *Working-through Collective Wounds: Trauma, Denial, Recognition in the Brazilian Uprising* (Palgrave, 2018) and the co-author, with Jenny Willner and Jakob Staberg of *Ferenczi Dialogues: On Trauma and Catastrophe* (Leuven University Press, 2023). She is the project lead of *FREEPSY: Free Clinics and a Psychoanalysis for the People: Progressive Histories, Collective Practices, Implications for Our Times* (UKRI Frontier Research Grant) and Editor of the *Studies in the Psychosocial* series at Palgrave.

Mónika Takács is a literary historian. She studied Theoretical Psychoanalysis in the Doctoral School of Psychology at University of Pécs. Her main field of interest is the connection between literature, linguistics, and psychoanalysis in the first decades of the 20th century in Hungary. Her recent research focuses on the literary and linguistics oeuvre of István Hollós. She has also published articles on Nicolas Abraham and Ivan Fonagy. She is the editor of an interdisciplinary workshop discussion series entitled *Art & Psychoanalysis*. The lectures and the discussions provide a unique opportunity to

highlight and reflect on the interaction between psychoanalysis and the arts (literature, fine arts, film, and music). As a member of the Sándor Ferenczi Society she contributes to the Ferenczi House Project. Ferenczi House is the last residence of Sándor Ferenczi, which serves as a venue of seminars and lectures and where the Ferenczi House Archive is placed. She receives visitors and researchers, providing them guidance and support.

Ana Tomcic is a cultural historian. Her research interests include the history of psychoanalysis, gender and sexuality and the role of class in psychoanalytic contexts. Ana previously worked on ideas of progress in psychoanalysis and modernist literature and film and is currently writing a book entitled *Rethinking Progress: Psychoanalysis, Modernism and Queer Development*. She has also published on early women psychoanalysts such as Sabina Spielrein and Melitta Schmideberg. Her current research focuses on psychoanalytic approaches to juvenile delinquency and the intersections between psychoanalysis and education. Her work on the FREEPSY project is looking to trace the international networks and initiatives of analysts that originated from the first free clinics in the UK, Germany and Hungary. In the UK and her native Croatia, Ana also worked as a teacher with various age groups and has taken part in numerous widening participation projects. She is now a trainee at the Society for Social and Critical Psychoanalysis.

Kristina Valentinova is a psychoanalyst working in London. She's a member of CFAR and of the Cercle Freudien in Paris, as well as a cofounder of Bubble and Speak, a 'maison verte' catering to small children and their families in London. She translates from French.

Barry Watt is a Co-Director and Senior Psychotherapist at the Psychosis Therapy Project, London. Until recently, he was the Senior Psychotherapist at St Mungo's Community Housing Association, where he worked psychoanalytically with individuals experiencing homelessness. He serves on the Editorial Board of the *British Journal for Psychotherapy*, is a member of the Training Committee for the Site for Contemporary Psychoanalysis and a member of the Curriculum Advisory Group for the Association of Individual and Group Psychotherapy.

Organised by the FREEPSY Research Project
in collaboration with the Psychosis Therapy Project London (PTP)

www.freepsy.essex.ac.uk

www.ptp-usemi.org.uk

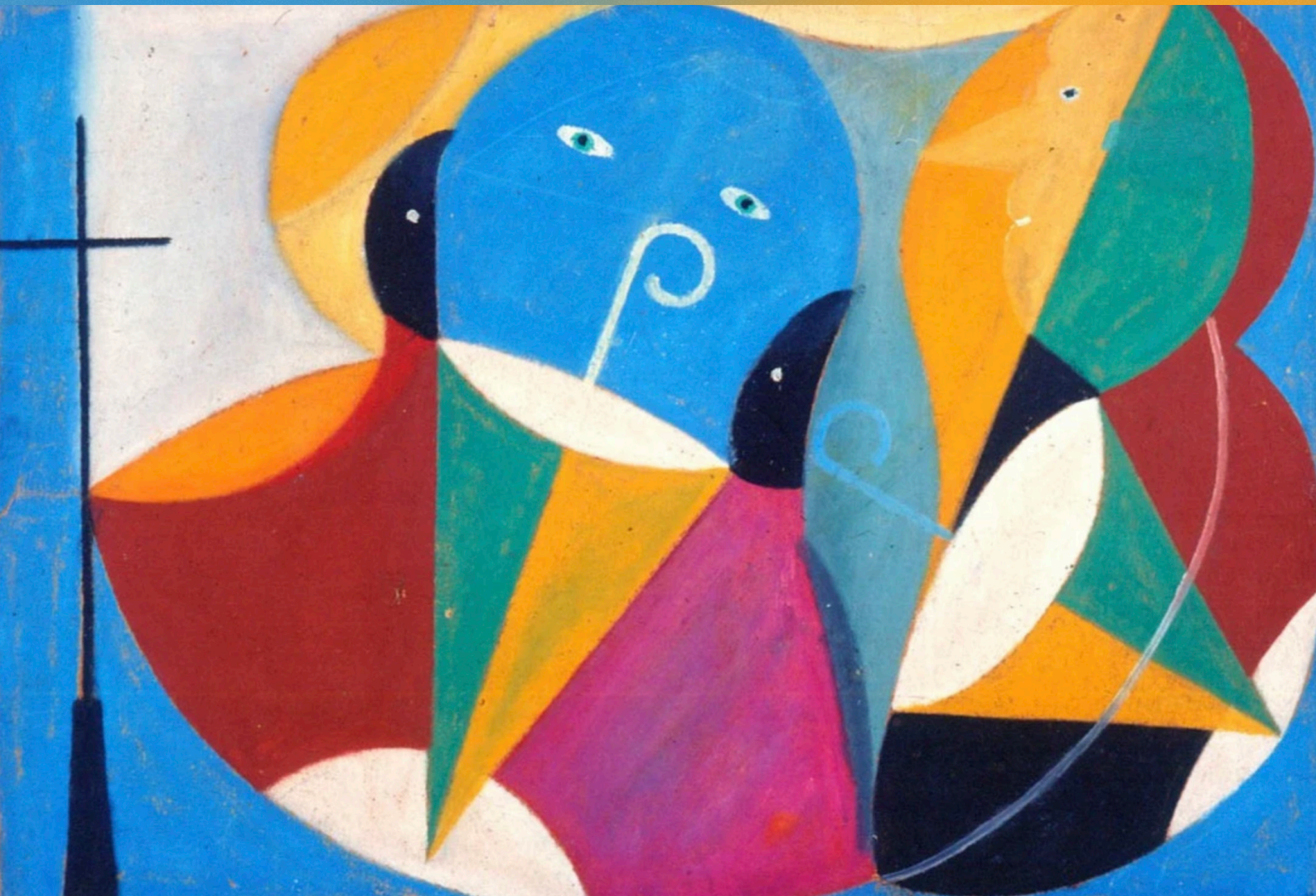


IMAGE CREDITS:

Cover and back cover image: Carlos Pertuis, Untitled, Undated, oil on cardboard, 50,6 x 69,2 cm, held by the Museu de Imagens do Inconsciente, Rio de Janeiro, Brazil. Photo by Raluca Soreanu.

Photo page 4: a patient's work: Model of the Lipótmézó Asylum building in Budapest, 1917, made a patient, painted cardboard, 140 x 175 cm. Photo courtesy of the Psychiatric Art Collection of Hungarian Academy of Sciences.

Photo pages 6-9: Courtesy of the Psychiatric Art Collection of Hungarian Academy of Sciences.

Freud Museum book launch page (in-person): bit.ly/person-yellow

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